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Photo by Elizabeth Harlan

Party time

Veronica Werbe, 6, and her sister Vaness Werbe, 9, take a break from the fun at the Halloween carnival for youth up to fifth grade. The carnival was held at the Youth Center on post. There were a variety of games and prizes as well as a costume contest. The event proved to be very popular.

Sportsman’s Center reopens with new improvements

BY SPC. MATTHEW E. CHLOSTA
THE SCOUT STAFF

The Sportsman’s Center unveiled the improvements made during a year’s worth of volunteer work at its grand reopening Oct. 21.

“I was ashamed of the place,” said Mick Gue, manager of the Sportsman Center on post. “When I took over as manager almost two years ago, the building was covered with a dirty old stained carpet.”

But, now with the improvements, soldiers can bring their families up here and enjoy the place, he continued.

The almost one year’s worth of im-

provements at the club began in November 2002, according to Gue.

Most of the work was done by volunteers fulfilling their promotion volunteer requirements, he added.

The volunteers and Gue helped pull up the old tattered carpet and laid down new tiles throughout the building, Gue said.

All the walls were re-plastered and painted, Gue said.

“We also put up new wall paneling and borders,” added Gue.

The archway to the center was rebuilt, and a new safety fence was installed around the skeet and trap fields, Gue said. Also, two new skeet houses were built and new

skeet machines were installed.

According to Gue, future improvements for the Sportsman Center will include: gutting and rebuilding the bathrooms to make them handicap accessible, a new playground for the kids, and a soup and sandwich kitchen.

“The mission of the Sportsman Center is to provide the sportsman a safe hunting, fishing and recreational shooting venue and to promote responsible fish and game conservation among all individuals of Fort Huachuca and the Sierra Vista community,” Gue said.

The Sportsman Center has a retail store consisting of weapons, reloading and sporting supplies, hunting and fishing permits and fishing bait, added Gue.

The center also explains for patrons the post and statewide hunting and fishing regulations.

For all the customers who enjoy the art of sport shooting, the center offers a great clubhouse, supplies and both skeet and trap competition throughout the year, Gue said.

The Sportsman’s Center is open from 9 a.m. to 5 p.m. Wednesday, Thursday and Friday; 10 a.m. to 5 p.m. Saturday and Sunday.

“The Sportsman Center would like to promote the sport of shooting and hunting for the soldier in a fun, safe, family atmosphere,” Gue said.

For further information, call 533-7085.

Help support military families

BY BONNIE POWELL
DECA RELEASE

Halloween will be over before you can say “boo,” so plan now to show your support for American service members this holiday season - but do it with a bit more than candy. Try commissary gift certificates or money for college.

“One way friends, family and the public can show their support for military families is to give commissary gift certificates as gifts, or donate them directly to military charities that assist families,” said Kaye Kennedy, chief, corporate communications. “Last year we heard from a number of installation organizations with holiday assistance and food programs that the gift certificate program really worked for them. In addition, the public was generous in donating gift certificates to worldwide organiza-

tions that assist the military, such as the USO, Air Force Aid Society and Fisher House Foundation.” The “Gift of Groceries” program is made possible through a business agreement with CertifiChecks Inc. at no cost to DeCA or the federal government. The program allows anyone to purchase commissary gift certificates at <http://www.commissaries.com> or by calling toll free 1-877-770-GIFT.

The certificates can be given as gifts or donated, but only authorized commissary shoppers can spend them. The certificates are not available for sale in commissaries, but they can also be purchased with a mail-in or FAX form found at the gift certificate link at <http://www.commissaries.com>. A standard charge of \$4.95, paid by the purchaser, covers the costs of handling,

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Courtesy photo

Speed racer

The Tide racing car visited Fort Huachuca Commissary on Tuesday. Jessica Russell and Alicia Whitaker, commissary employees, took a moment to check it out.



Photos by Elizabeth Harlan

Brittany Saffo, left, and Adrieen McNaner paint their candy bags on Monday in preparation for the piñata later that afternoon. The theme of the day at School Age Services Center was Mardi Gras in October.



Post gears up for Halloween

THEScoutREPORTS

Fort Huachuca kicked off Halloween with a series of events beginning last weekend and lasting right through to All Hallows Eve.

On Saturday night there was a Halloween Rock and Bowl at Desert Lanes.

School Age Services has Mardi Gras festivities running all week. Monday, the children enjoyed piñatas, Tuesday was bingo for kids and parents, Wednesday was field day and Thursday was a carnival.

This week the 305th Military Intelligence Battalion is holding a free haunted house outside their headquarters from 6 to 8 p.m.

Right, Lowell Jefferson takes a swing at the piñata. Left, Melissa Remerz, 6, tries her luck at one of the carnival games at the Youth Center Saturday night. Below, children at School Age Services center make a mad dash for the candy that finally poured from the piñata.

during the week and 6 to 10 p.m. on Friday night.

On Oct. 31, Johnston Elementary is having classroom parties. Myer Elementary is having a costume parade and classroom parties. Smith

Middle School is having a Harvest Dance from 3:30 - 5:30 p.m. and the Main Post Chapel is also having a dance from 5 - 7 p.m. Youth Services is also holding a dance for middle school aged youth and up from

7 to 10 p.m. For your safety reflective treat bags will be distributed by the Safety office at Fort Huachuca accommodations schools, the Child Care Center and School Age Services.





FORT HUACHUCA DIRECTORATE OF COMMUNITY ACTIVITIES UPDATES

The Directorate of Community Activities is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula German at 538-0836 or send an e-mail to paula.german@hua.army.mil or visit us on the web at mwrhuachuca.com

Tournaments at Desert Lanes

Desert Lanes has several tournaments, plus the “Turkey Bowl,” scheduled for the month of November.



Monday through November 17, during league play only, bowlers will have a chance to win their Thanksgiving turkey. Cost is \$2 for league members to participate. Payout is one to eight entries.

November 8, The Midnight Marathon singles handicap tournament will be held. Entry fee is \$60 and payout will be one to five entries. Participants will bowl 12 games across 24 lanes.

The Scotch Doubles Mixed Tournament is set for Nov. 15. Entry fee for this event is \$40 per couple. Payout will be one to five entries.

For more information, contact Randy Carter at 533-2849.

Racquetball lesson available

Beginning Tuesday, Barnes Field House will offer personal lessons in playing the sport of racquetball. The course will be offered in four-week blocks, according to levels of experience.

The hour-long blocks of instruction will begin at 6:30 p.m. every Tuesday.

The first four weeks (Nov. 4, 11, 18 and 25) will be offered to beginners only. Areas covered will be the rules of the sport, swing technique and basic strategy.

The following four weeks (Dec. 2, 9, 16 and 23) will cover intermediate instructions, including advanced shot placement and competitive strategy.

The course, which is free to all authorized MWR patrons, will be taught by Don Cairns. Cairns has played racquetball for 32 years and has instructed racquetball at Cochise College for six years.

Sign up for the course at the administrative office at Barnes Field House or call George Thompson at 533-5031.

The MWR Box Office is here for you

The MWR Box Office is available to help you get the best prices and deals possible for your travel and leisure activities. They can help plan your vacation, a week-end get-away or get tickets for that special event you’d like to attend. The Box Office also has information on many cities, states and attractions. Some of the discounts, deals and tickets that are available include:

- Details on the Knott’s Berry Farms Veteran’s Day promotion for active duty military, reservists, retired and veterans who have a DD214 form. Promotion includes two free tickets for each eligible person, plus up to six additional tickets at the reduced price of \$5 each. The offer is available Nov. 2 - 27.
- The 2004 Tucson Entertainment Book is available to purchase. It includes two-for-one offers and discounts up to 50 percent on year-round travel, dining, shopping, movies and more. This would make a nice gift for someone.
- The Best Western, Anaheim, Calif. is offering “buy one night, get one night free”, now through Dec. 19, for military and Department of Defense ID card holders.
- Tickets for events at the Tucson Convention Center, including Matchbox 20, Wednesday, Latinos Los Comedy Tour on Nov. 7, the Moscow Ballet’s “Great Russian Nutcracker,” for two shows Nov. 8, and the Tucson Ice Cats hockey team versus Weber State University Nov. 14 and 15.
- Tickets for the San Diego Old Town Trolley city tour. You can hop on and off at any of the eight stops along the way that include Seaport Village, Balboa Park and the San Diego Zoo.
- Disneyland Resort’s Armed Forces Salute offers free multi-day admission to Disneyland California and Disney’s California Adventure Park, to U.S. military personnel, plus additional special offers for their family members, now through Dec. 19.

The Box Office can also assist you in making hotel reservations for Tucson or Phoenix. They can book rooms at reduced rates that can save you money.

Call 533-2404 for more information or drop by the MWR Box Office located in the MWR Plaza, Building 52008 on Arizona Street. They’re open Monday - Friday, 9 a.m. - 5 p.m.

Live entertainment at La Hacienda

La Hacienda will present live “The Saturday Night Fall Bacc,” Nov. 8, 10 p.m. - 3 a.m. The show features entertainers from the area including D. Fisher, Lord Jungle, Lone Wolf, Tony C, The Fie Boiz and Bennz. After the show, a DJ will play hip-hop music for your enjoyment.

Tickets are \$8 in advance and \$10 at the door and are on sale now at MWR Box Office, La Hacienda and Sierra Vista Safeway.

The show is open to the public, 18 and older. For more information, call 533-3802.



Bennz will be one of the entertainers performing on stage Nov. 8 at La Hacienda.

ACS receives first-ever accreditation

Director of Community Activities Daniel Valle has announced that Fort Huachuca’s Army Community Service program has received accreditation for the first time in its history. The results of the accreditation review, done by the Installation Management Agency Southwest Region Office Accreditation Team, were announced at a briefing last week.

Not only did ACS receive accreditation, but it included commendation as well, according to Valle. Accreditation means that ACS met all Category 1 standards. These are critical standards, Valle said. “If you do not meet all the standards, you cannot be accredited.”

Valled added that ACS also met all Category 2 standards in each individual area and that ACS’s Exceptional Family Member Program was even mentioned as one that could be a model for the Army.

The MEDDAC staff that works with ACS on the medical side of their programs was also mentioned as being instrumental as a member of the team to earn the accreditation.

“I am extremely proud of Shirley Pettaway, the ACS Officer, and her great ACS team, and commend them for this extraordinary effort and performance. When you see an ACS staff member, please offer them a word of of praise,” Valle finished.

Winter hours at MWR Rents

Effective Nov. 15, MWR Rents will begin winter hours as follows: Monday, Thursday and Friday, open 9 a.m. - 5 p.m.; and Tuesday and Wednesday, Saturday, Sunday and holidays, closed.

Out-processing hours during winter hours will be 9 a.m. - 5 p.m., Monday, Thursday and Friday.

For more information, call 533-6707.

Take ‘Time Out’ to enjoy yourself

Featuring six televisions, plus a big screen TV, with the ca-



pability of showing seven different games at any given time, Time Out is the place to be to enjoy your favorite sporting events. The facility has 13 national sports channels, plus the NFL Sunday Ticket available.

In addition to being a great place to enjoy sporting events, Friday and Saturday nights Time Out also presents DJs playing a variety of music for your listening and dancing enjoyment. Friday, 10 p.m. - 4 a.m. Hip Hop/Top 40 is featured. Saturday is the night for Latin music.

Beverages, burgers, fries and other finger foods are available to satisfy your hunger and thirst.

Time Out is located across from Barnes Field House on Arizona Street. The club’s hours are Friday, 4 p.m. - 4 a.m., Saturday, 4 p.m. - 4 a.m. and Sunday, 10 a.m. - 5 p.m.

Puppet training workshop

Army Community Service Family Advocacy Kids-on-the-Block program is sponsoring two sessions of a puppetry workshop Nov. 7 at the ACS Building 50010. The morning class session runs from 9 a.m. - noon, and the afternoon session from 1 - 4 p.m. Both sessions are free.

Please register early to reserve your space by calling 533-2330 or 533-2993.



MWR Arts Center offers new program for kids

“Little Hands” is a new children’s arts and crafts program that will begin Saturday at the MWR Arts Center. The program is open to children 5 - 12, and will be offered every Saturday from 10:30 - 11:30 a.m. and from 12:30 - 1:30 p.m.



Each week, participants will fabricate a different craft from clay, paper, glass, beads and more. The schedule for the coming month will be: Nov. 1, pottery; Nov. 8, watercolor; Nov. 15, hand and feet turkey (paper craft); and Nov. 29, leather bracelet.

Cost of the Little Hands program is \$6 per class or two classes for \$10. Pre-payment is required at the time of registration. You can register your child at the Arts Center, or call 533-2015 for more information.

In addition to the Little Hands program, the Arts Center will offer a full schedule of art classes in November, including cake decorating , Wednesdays, 6 - 8 p.m., starting Nov. 12. Although this class is designed for beginners, it could also be used as a refresher course for those who haven’t decorated for a while. Cost of the class is \$50.

Tole painting will be offer in five sessions, 1 - 3 p.m., starting Nov. 1. Cost of the class is \$65 and includes paint, brushes, wire and pine cut-outs needed for the class.

Beginning Nov. 7, from 6 - 8 p.m., you can take a class to learn how to fabricate jewelry from sterling silver and semi-precious stones. The class continues through Dec. 5. Cost is \$75 and includes all materials needed.

A pottery/raku class will be offered in five sessions, beginning Nov. 1 from either 9 - 11 a.m. or 6 - 8 p.m. This class teaches the basics of pottery. Cost is \$55 and includes all materials needed.

Every Wednesday, 6 - 8 p.m., basic framing is offered. Bring a 5 x 7 photo or print that you will frame. Cost is \$50 and includes all materials to frame your picture.

The hours of operation at the MWR Arts Center are: Friday and Saturday, 9 a.m. - 5 p.m. and Tuesday, Wednesday and Thursday, noon - 8 p.m.

For a complete schedule of classes offered, or for more information on any of those mentioned, call 533-2015.

All Army Boxing tickets on sale now



Fort Huachuca will host All Army Boxing Nov. 12, 13 and 15 at Barnes Field House. Tickets for the event are available at MWR Box Office, Desert Lanes, MWR Rents and Barnes Field House. Off-post, they are available at Sierra Vista Safeway.

General seating tickets are \$5 for Nov. 12 and 13. For championship night Nov. 15, the cost is \$8. You can also purchase a three-night package for \$15. Children 10 and under will be admitted free.

For more general information, call 533-5031. For more ticket information, call 533-2404.

All-day trail ride November 9

The Buffalo Corral will offer the Blacktail Canyon all-day trail ride Nov. 9. Enjoy a relaxing ride through some of southern Arizona’s most beautiful scenery. The ride proceeds up Split Rock Canyon, across to Blacktail Pond, down Blacktail Canyon and back to the corral.

The ride, which does include some steep inclines and switchbacks, is open to intermediate riders, 14 and up. Riders under the age of 18 must be accompanied by a parent or legal guardian.

The cost is \$65 for authorized MWR patrons and \$77.50 for civilians. Lunch is included in the price.

Reservations and pre-payment are required by close of business Nov. 7. For more information, call Buffalo Corral at 533-5220.

Half-price paintball at Sportsman’s Center

Half-Price Paintball Day is scheduled for 10 a.m. - 4 p.m., Saturday at the Sportsman’s Center. \$10 covers the cost of the gun, mask, CO2, field fee and 100 rounds of ammunition. Call 533-7085 for more information.



Time Out briefs

Huachuca Astronomy club meeting

The Huachuca Astronomy Club of Southeastern Arizona, based in Sierra Vista, will host a special November program which features its annual “how to choose and buy the right telescope.” With the holiday season rapidly approaching, this program will be invaluable for area residents wanting to purchase a telescope as a gift or for personal use. No telescopes are being sold during the meeting.

The program is strictly informational and for the benefit of area residents and casual or serious astronomers of all ages.

There will be several types of demonstration telescopes and accessories available at the meeting to view through and ask question about, as well as informational pamphlets and flyers.

The meeting will be on Nov. 7 at 7 p.m. at Cochise College, Sierra Vista campus, Room 305 A, located in the music and language building.

Military Intelligence Heritage Run

The 111th Military Intelligence Brigade will host the 5th Annual Military Intelligence Heritage Run on Saturday, Nov. 15, at 8 a.m.

The run is meant to foster competition; provide a fun event for soldiers, families, and citizens of Fort Huachuca and surrounding areas; and to commemorate Veterans’ Day.

The 10K route, which is USA Track and Field certified for accuracy, will start and finish at Irwin and Stein (near Eifler Gym) and will wind through the Military Intelligence Academic Complex, Heritage Hill, and the main post.

The early registration cost is \$1 or \$12 for a long-sleeved MI Heritage Run T-shirt. The registration fee increases to \$15 Nov. 4.

The MI Heritage Run will also feature a team 10K race starting at 8 a.m., in which five-member teams (one of the team members must be female) will compete in a cross-country style race. Each team member will be given a score based on his/her finish time. The points will then be added up and the team with the lowest score wins.

There is also a 10K Commander’s Challenge for unit formations with guidons. Each formation must have at least 20 runners plus one cadence caller. The unit must run as a formation for the entire duration of the run without anyone falling out of the formation.

There will be a two-mile Fun Run/Walk starting at 9 a.m. During the two-mile Fun Run/Walk, there will also be a unit formation with guidon run (open to all military units with 40 runner plus one cadence caller). The units will be competing for “Best Dress and Alignment” and “The Best Unit Esprit De Corps.” Judges will be stationed throughout the run route to score the units on their dress and alignment while running and their esprit de corps and motivation.

The MI Heritage Run will conclude with an awards ceremony on Chaffee Parade Field at 10 a.m.

Runners can register online at <http://www.active.com/> or pick up forms at Barnes Field House or Eifler Gym. For more information, call 533-3993 or 2089 or e-mail salah.kayed@hua.army.mil.

Judged member show opens

The Huachuca Art Association will open its annual Judged Member Show on Nov. 7, with an Artists’ Reception from 5 - 7 p.m. Visitors are welcome to this free event. This exhibition will feature two and three dimensional work by association artists. It will be at the gallery through Nov. 23.

All items will be for sale. Holiday shopping? Don’t forget to check out this exhibit and the gallery for your gift selections. Art is a great and memorable present for weddings, anniversaries, birthdays, and holidays. Frame-ready prints and cards make great thank you presents. Have an idea or picture you would like to have painted? (Grandma’s old house or horse, or even grandma.)

HAA has many talented artists who could do portraits for your family. Pets too! For more information, call Sue Thatcher at 378-2000.

The gallery will be open Thursdays through Sundays from noon to 4 p.m. Or for an appointment, call Sue at 378-2000. The gallery is located at 3816 Astro St. in Hereford (Astro Sreet is off Hwy. 92, less than four miles south of Buffalo Soldier Trail). For more information, call exhibition coordinators John Marvin at 803-6697 or Madeleine Smith at 439-8582.

Art around Sierra Vista

The Huachuca Art Association artists create a wide variety of two and three dimensional art that may be viewed at Sierra Vista businesses. In November the following artists will display their artwork around Sierra Vista: Jan Huthoefer — paintings at the Ethel Berger Center and at Ace Hardware. Gerald Calvert — paintings at the Windemere Hotel. Jane Ballard — oil paintings at the Bella Vista Water Company. Patricia Dunbar — watercolors at Fidelity National Title at 2435 E. Fry Blvd. Susan Boyle — drawings at Fidelity National Title at 333 Wilcox Drive. Joyce Geerlings-Griffith — drawings, paintings, and photos at the Southwest Gas Corproation.

For additional information, call Sue Thatcher at 378-2000, John Marvin at 803-6697, Edie Manion at 803-1262, or Wendy Breen at 378-1763.

Anniversary celebration

The Friends of the Sierra Vista Public Library will celebrate its 30th anniversary on Saturday Nov. 15 starting at 1:30 p.m. in the Mona Bishop Room of the Sierra Public Library.

The featured speaker will be J.A. Jance Jance was raised in Bisbee, is a University of Arizona graduate and is a special friend to the area’s libraries.

Pior to the celebration, Joe Anton & his Desert Swing band will entertain. Following the speaker, refreshments will be served and the Cochise Consort will play.

Cool Jazz Trio to play

The Cool Jazz Trio plays Friday nights from 5 to 9 p.m. at Bisbee’s top-ranked Cafe Roka, 35 Main St. Enjoy the vocal stylings of Nancy Weaver and the dynamic harmonizations of guitarist Tom Cook, backed by the solid beat of bassist Paul Lewis, as they perform all your favorite swing, jazz and Latin standards. For reservations call 432-5153.

This Sunday, Oct. 26, Lady Jazz — singer Nancy Weaver and keyboard artist Jewel Levy — will play romantic and expressive jazz and Latin standards to enhance your dining experience at Cafe Roka, from 6 until 8:30 p.m. Call 432-5153 for reservations.

For more information about Cool Jazz or Lady Jazz, contact Nancy Weaver, 432-5081.

Free Redhouse performance

To celebrate American Indian Heritage Month, the Cultural Diversity Committee on the Sierra Vista campus of Cochise College welcomes the Redhouse family to campus on Tuesday, Nov. 4. Rex Redhouse, his wife, Maria, and two of their sons, Lenny and Larry, will sing and dance to traditional native music from 11 a.m. to noon on the south-east side of the library.

Of the Dine’ (Navajo) nation, Rex Redhouse initiated the dance group in 1969 in order to educate students and the general public about musical traditions in American Indian culture. The Sierra Vista area was previously the home of the Redhouse family when Rex was stationed at Fort Huachuca. Larry and Lenny are members of the Larry Redhouse Trio, a popular jazz band based in Tucson.

The Redhouse performance is free and open to the public. For further information, please contact Irma Cook at 515-5490 or Tanya Biami at 515-5316.

Free workshop

Want to know how to fix that drip? Save yourself money on hiring a plumber and come to a free workshop on how to fix leaks and learn about toilets Nov. 1, at the University of Arizona South, 1140 N. Colombo in Sierra Vista in the public meeting room. From 9 - 10:30 a.m. you will hear from Johnny Sawyer of Sierra Vista Ace Hardware. Johnny will tell you how to identify and fix simple household leaks. A leaking fixture is a silent thief, stealing hundreds of gallons of water without you knowing until the bill arrives. For more information on water conservation, call the University of Arizona’s Water Wise Program at 458-8278 x 2139 and visit www.ag.arizona.edu/cochise/waterwise.



At the movies

Showing at the Cochise Theater for the next week are:

Today Cold Creek Manor	7 p.m.
Friday CLOSED	
Saturday Once Upon a Time in Mexico	7 p.m.
Sunday Seconghand Lions	2 p.m.

PG

Thursday movies are 99 cents; all other showings are \$3 for adults, \$1.50 for children

Pets of the week

Hi. My name is Gigi. I am a middle-aged Lhaso apso mix. I am a loving little dog, but I do like to escape. I am a female, if you wanted to know. My adoption fee is \$52. I hope to see you soon.

Tigger is my name and I'd love to be with you in your home as soon as possible. It is possible for you to come down right now. I hope that you come down and adopt me today.

I am Jewel. I am a small mixed-breed border collie. I hope that you will come down and adopt me today. I am full of energy and excitement. If you would like for me to be part of your home, adopt me today.

I am Pudgy, and like my name says I am a big cat. I love to lay around and just be there when you need some love. I hope to see you soon and to live with you forever.

The Winding Road

BY KAREN WEIL
THE SCOUT STAFF

It’s not hard to find Arizona history – nearly every town in the state’s southeast corner offers interesting details.

There’s even a place tucked away in verdant Ramsey Canyon devoted to keeping the past alive: the Arizona Folklore Preserve, a charming ranch house located at 44 E. Ramsey Canyon Road.

The preserve’s mission statement is simple: “Arizona’s songs, legends, poetry and myths are collected, presented and preserved for the enrichment of future generations.”

The non-profit cultural and performing arts center, opened in 1996, is hoping to attract more local visitors, said Bonnie Brock, volunteer program coordinator.

“We have a treasure, but to some extent it’s not known in Sierra Vista,” Brock said. Dolan Ellis, an original member of the New Christy Minstrels, and the man who started the preserve, performs on the week-ends.

Fans wanting to hear New Christy Minstrels music should know that Ellis, Arizona’s official state balladeer since 1996, performs his original compositions.

Shows consist of music, a one-man play about Wyatt Earp, storytelling and cowboy poetry.

Dolan performs there nearly every weekend. “The audience goes away learning a lot about the state of Arizona, and Dolan has such passion for it,” Brock said. Along with his songs, which are about Arizona places or historical figures like Geronimo, Ellis shows slides.

He also handpicks guest artists who perform at the preserve, like Ted Ramirez, Arizona’s official troubadour.

The preserve is hoping that nationally acclaimed cowboy poet and columnist Baxter Black will grace the stage next year, Brock said.

The shows run every weekend (2 p.m. on Saturday and Sunday). Admission is \$10 for adults and \$5 for children 12 and under. Reservations are required; call 378-6165 or e-mail folklore@email.arizona.edu.

Upcoming shows include the Desert Sons, which will perform traditional Western music on Nov. 8 and 9. Ramirez will perform with the Santa Cruz River Band on Nov. 22 and 23.

Dolan performs this weekend. The preserve is working on a performing list for distribution; people can also sub-

scribe to a newsletter by contacting the preserve via its e-mail address.

The Arizona Folklore Preserve is in partnership with the University of Arizona South campus, located in Sierra Vista.

Visitors to the preserve will find a bookstore, which organizers are working to expand, featuring Arizona topics and history.

The preserve is located three-and-half miles west off Highway 92. To get there, take Ramsey Canyon Road, and head west; you will see a sign for the preserve

The preserve is also open from 10 a.m. to 2 p.m. Monday through Thursday, and from 1 to 5 p.m. on Fridays.

Its facilities can be rented for special occasions, at what Brock said is a “reasonable fee.”

For more information, call 378-6165.

Fit for life

BY GEORGE R. COLFER, PH.D.
SPECIAL TO THE SCOUT

My previous four writings have all dealt with the components of health-related fitness. While physical fitness and a healthy lifestyle are desirable, many people of military age also participate in a variety of competitive sports or mission-related competition, such as the Combat Cross-Country Run set for Dec. 6 at Fort Huachuca.

Success in games and contests require more than just being fit. It demand motor skills, speed and power.

The components of skill-related fitness enable one to move and perform more efficiently, whether it be in work related activities, daily movement functions, or in sports performance. Further, health-related fitness may also benefit from skill-related fitness, since persons who possess skill-related fitness are more likely to be active throughout life.

Skill-related fitness is compatible with health-related fitness. Many activities promote both types. Individuals who possess both will find participation in either type of activities more enjoyable and beneficial to their health and physical well-being. A person who is physically active cannot help but improve some aspects of skill-related fitness.

The components

The skill-related components are agility, balance, coordination, power, speed and reaction time. Many of these components work closely together and can be trained for by similar modes. However, specificity does exist, and such skills cannot be categorized in general.

A combination of these skills or abilities usually determines a skilled performance in a particular sport. Note also that a high level of health-related components may make skill acquisition easier. One cannot improve skill if one is fatigue and lacking strength or flexibility.

Let’s take a brief look at each skill-related component to see how it works.

Agility, balance and coordination. Agility is the ability to change body positions quickly and accurately to the indicated response or situation.

Balance refers to the ability of a per-

son to maintain a specific body position while still or in motion.

Coordination is the speed and accuracy of correct muscle response to produce a desired movement.

The ABCs of skill-related fitness are commonly referred to as the ability to change direction quickly and to move as efficiently as possible with minimal energy expenditure. These three components can be improved or developed by the use of developmental training programs, specific exercises or drills and sports participation.

Some experts content that strength is the most important factor in agility since a stronger body moves with more ease and efficiency. Flexibility is most important to balance and coordination by increasing one’s range of motion. Agility-type drills should involve a number of direction changes, place the performer in a variety of body positions and be of short duration so fatigue does not become a factor.

Power. Power is the application of strength and speed during a muscular movement. Power equals force times velocity and has to do with the speed of the contraction against less than maximal resistance.

Power is closely related to dynamic strength, with speed or quickness of movement as the added dimension. Although strength, speed and power are related, strength alone will not develop power.

Power is displayed in many activities in different ways. Driving a golf ball, hitting a baseball, putting the shot, an explosive hit in football, and a gymnast performing a giant swing on the high bar are all examples of power. Some persons may generate power more through strength, while others rely more on speed. However, if two forces are equal, the one that generates more speed or velocity will produce the greater power.

Speed. Speed is the ability to move the body or a region of the body as rapidly as possible from one point to another.

Speed is the rate of movement, or the amount of time it takes for a body or object to travel between two points. Speed usually refers to running speed, as in the sprints in track or football. However, speed can be performed as leg speed in soccer kicking, arm speed in throwing a baseball, and body speed (acceleration) necessary in gymnastics.

Speed is related to strength and power. In fact, all skill-related components contribute to speed. Speed requires the expenditure of a large amount of energy in a short time period. Age is a factor in attaining speed. One’s peak is usually reached at about 20 years of age and can be maintained for

up to 10 years or so depending upon the type of training one practices. Without practice, speed diminishes quickly by the late twenties.

Reaction time. Reaction time refers to the time lapse between the presentation of the stimulus (sound-sight-touch) and the first muscular movement of the performer.

Reaction time enables the performer to move faster, which can affect other skill components such as speed and power. Reaction time can be improved through the use of many developmental programs, such as strength and speed improvement.

There are also many drills involving sight, sound and touch that will improve reaction time on a general basis. Since there is a relatively high degree of specificity in reaction time response, most experts feel that the best method for improving upon a specific activity or sport is to practice the starting stimulus for that activity.

Skill training

There is no substitute for sports skill training. Practicing a skill for a specific sport is necessary to improve. No amount of conditioning will alternate for skill training.

Sports participation also develops skill-related fitness. Handball, racquetball, basketball, gymnastics, wrestling, volleyball, tennis and soccer are a few of many activities that could be included for motor skill development.

Readers’ questions

Q: Can one achieve physical fitness through sports participation alone?

A: Possible, but not likely in adult life without additional activity. Very few sports alone will contribute to overall fitness. The best solution would be to incorporate fitness activities into sports participation.

For example, a weekend golfer or tennis player, instead of remaining inactive all week, could prepare by

jogging or running two or three times during the week and performing strength, muscular endurance and flexibility exercises on alternate days. This would help maintain health-related fitness and improve upon conditioning for the weekend games.

Q: What are lifetime sports?

A: By definition, lifetime sports are sports, games or activities that can be participated in by adults throughout their lives. Contact sports, such as football, ice hockey, boxing and wrestling, would normally lie outside this category. Otherwise most sports and games would be included.

The lifetime sports concept emphasizes participation over competition. The purpose is to keep people active throughout life. Fitness activities alone are not considered lifetime sports. Therefore, participation in lifetime sports does not guarantee health-related fitness, especially in the development and maintenance of cardiovascular fitness.



Photo by Elizabeth Harlan

FAMILIES from Page B1

printing and mailing. Additional charges may apply for large orders or special delivery, but installation charities can apply for a waiver by checking with their local commissary.

“The program grew out of a desire for DeCA to fulfill customer requests for commissary gift certificates that could be used at any commissary worldwide,” said Jean Villerreal of DeCA, gift certificate program manager. “But the program has really exceeded all our expectations as customers, industry and military charities really embrace the service.”

“The commissary benefit offers an average savings of 30 percent or more, and that can really extend the purchasing power of a family using a commissary gift certificate,” said Kennedy.

The general public can also help outstanding military children go to college. The Scholarships for Military Children program begins its fourth year Nov. 3 with a new twist - anyone can donate to support the scholarships. Since 2001 the Scholarships for Military Children Program has awarded nearly \$2.5 million in scholarships to nearly 1,500 military students.

The program has been generously supported in the past solely by the vendors and manufacturers selling groceries in the commissary system. This year a dedicated Web page has been set up by the program administrator, Fisher House Foundation, at <http://www.militaryscholar.org>.

The new site has information about the program and a donation page. The site will be “live” year-round, and it is also accessible through a link at <http://www.commissaries.com>. “This makes it easier for the American public to show their support for military families, and it gives the program an opportunity to grow through additional funding,” said Edna Hoogewind, DeCA’s liaison for the scholarship program.

“We’ve learned that individuals, as well as corporations, are interested in supporting the Scholarships for Military Children Program,” said Jim Weiskopf, Fisher House Foundation vice president for communications. “We provide a means to donate on the Internet through a secure credit card server, and there are no administrative fees involved. Additionally, all Combined Federal Campaign donations to the Armed Services Foundation are being used for the scholarship program.”

The application period for the 2004 scholarship program begins Nov. 3 and ends Feb. 18, 2004.

Halloween: From ancient Celts to modern times

KARENWEIL
SCOUT STAFF

Friday marks a day that few find easy to resist. Halloween ranks second only to Christmas in terms of what Americans spend on holidays (although Halloween isn’t officially considered one, in the sense that workers get the day off).

How did Halloween evolve from an ancient Celtic festival to an event where grown adults dress up in outrageous costumes and party all night, and trick-or-treating for lots of candy is virtually a rite of passage for youngsters in North America?

According to information from both Encyclopedia Britannica and the Web site holidays.net, Halloween’s origins date back centuries. In ancient Britain and Ireland, Celtic tribes – which worshipped nature and numerous gods — celebrated the festival of Samhain on Oct. 31, on the eve of All Saints’ Day.

The Celts worshipped a sun god, which they believed made “beautiful crops grow,” above all others. Oct. 31 was connected with returning livestock herds, and a time when farmers renewed laws and land agreements.

Because the date also fell on what Celtic and Anglo-Saxon tribes believed was the start of a new year, tribes lit huge bonfires to frighten away evil spirits. They also offered animals and crops as a sacrifice.

To the Celts way of thinking, souls of the dead would visit their homes on Samhain. That legend gave way to a more sinister element: witches, demons and even fearsome black cats roamed everywhere. Because of many superstitions about the dark and harsh living conditions, both European and Celtic citizens worried about how they would survive winters.

On Halloween, they would wear a mask, hoping that any would-be goblins or ghostly troublemakers would confuse them with other spirits. To further ensure that ghosts would not bother them, homeowners would leave some food outside.

By appeasing the supernatural, the Celts believed they could control nature, and have good luck with marriage, health or even death.

Christians, meanwhile, preferred to cel-

ebrate All Hallows’ Eve, followed by All Saints’ Day on Nov. 1, when followers honored saints and martyrs. Poor Christians in England would beg for food, and sometimes receive a soul cake if they prayed for a family’s dead relatives.

Despite the religious influence, Halloween was evolving into a secular event. In Scotland, for example, youths would play games to determine whom they would marry.

In the New World known as America, Puritan traditions meant little in the way of Halloween celebrations. Puritans did bring their fervent belief in witches, which would soon become part of modern-day Halloween lore.

However, in Maryland and colonies farther south – with their mix of American Indian and European groups, traditions took root. At “play parties,” folks would tell a spooky story, dance and even tell another person’s fortune.

As the Irish immigrated to the United States in the late 19th and early 20th centuries, they brought their customs with them, including those of Halloween.

Boys would pull pranks on neighbors, and even cause property damage. As time went on, children would dress up and parade from house to house, with a simple, if friendly, demand: “trick or treat.”

In return, they’d usually get candy. The play parties of the Celtic era evolved into community events and parades starting in the 1920s.

Trick-or-treating even became a force for social change, when children began collecting money for UNICEF in the mid- 1960s.

Along with costumes, pranks and sugary snacks, Americans also adopted another Irish-Celtic tradition: the jack-o’-lantern, or carved pumpkin. Legend has it that the name supposedly comes from a night watchman, according to one children’s Web site.

In an 18th century Irish folk tale, a man named Jack tricked the devil into climbing an apple tree. Once in the tree, Jack carved a cross symbol into its trunk, trapping the devil. Jack was so mean that he could not get into Heaven, and even Satan didn’t want Jack’s soul, so he was forced to walk the earth for eternity.

The Celtics went door-to-door collecting embers, which would be carried in a turnip or gourd. Today, Americans can spend hours decorating pumpkins, or even enter their elaborate cre-

ations in contests.

For some, especially in Latin American or Hispanic communities, the day after Halloween is special. Dia de los Muertos, or “day of the dead,” allows the living to honor their late family members. Rituals are celebrated in Mexico and certain parts of the United States, including Arizona and New Mexico.

Today, people wear wooden skull masks and dance. Wooden skulls are also placed on altars are dedicated to the dead. Some celebrate Nov. 1 by cleaning the graves of relatives.

Like Halloween’s Celtic origins, Dia de Los Muertos has its roots what are known Meso-American civilizations, such as the Aztecs, according to an article on the Arizona Republic’s Web site.

Americans now spend billions of dollars on Halloween, for everything from candy to festive decorations.

Big bucks aside, in many ways, Halloween really hasn’t changed all that much from its Celtic beginnings.

Like our ancestors, many of us still enjoy a good scare, celebrating a bountiful harvest, remembering loved ones and pretending to be something we’re not – if only for just one special day.





Photos By Elizabeth Harlan

Julie Gallagher of the Border Patrol helps Tina Loads buckle up in one of their helicopters.

Up, up and away

Local school take educational field trip to Libby Army Airfield

THE SCOUT REPORTS

There is a difference in studying what makes a plane fly and actually getting to see it first hand. Children from Joy Phillips' third grade class at Pueblo Del Sol Elementary School took a field trip to Libby Army Air-

field last week to see what they had been studying up close and personal.

Phillips' class has been studying flight since the beginning of the year. According to Phillips, they started studying flight with hot air balloons and eventually worked their way to the Wright brothers.

Upon arriving to Libby Army Airfield the 24 third-graders were given a safety briefing and a pair of ear plugs. The final words of the briefing were to have fun. The wide-eyed children broke up into smaller groups as to ensure more one-on-one time at the various stations they visited.

The first station they arrived at was filled with Border Patrol helicopters. Not only did they get an up close look, but after a very eager student asked "Can we sit in it" all were invited to climb aboard. After sitting in every aircraft in the hanger it was time to move on to the next station.

At the next station was the main hanger where Chief Warrant Officer James Burke was there to show them all the features of the RC12. Once inside the plane, students were welcomed to sit in the cockpit while Burke explained how to turn the plane. Students could actually handle the controls in the plane.

The weather station was the next

place to explore. While in the weather station students could see all the satellite equipment that determine the weather outside. They were then encouraged to look at the weather in other parts of the world where they had family or where they had lived at one point. From Hawaii to Michigan students learned the difference in temperatures around the globe.

Then it was off to the control tower where children passed through the door marked "authorized personal only" up a flight of winding stairs to the top of the tower. Once there some students got the privilege of seeing aircrafts pass right in front of them.

The fire station was next on the list. Students toured the office, living quarters, kitchen and even the truck. The final stop was the radar room where they saw how everything worked.

The tour was wrapped up with goodies such as plastic fire fighter hats that were given to each of the students.

"I could not be more pleased with the tour," Phillips said. "I can't commend the staff enough"

Phillips said the children enjoyed their visit "This makes me want to think about being in the Army when I grow up," said on student.



Upper left, Chief Warrant Officer James Burke explains the features of the RC12. Above, Emily Fields and her brother, Nick Fields take a look inside one of the Border Patrol helicopters.



Lee Rubin takes his turn in the cockpit of an RC12 while Burke explained how to turn the aircraft.

In search of a scare on historic Huachuca

PFC. JOY PARIANTE
SCOUT STAFF

I believe everyone enjoys a little scare. I, for one, enjoy it so much that I went out looking for one. Armed with our trusty Scout photographer, Beth Harlan, I decided to take a nighttime tour of Fort Huachuca.

According to legend, lore and a few “eyewitnesses,” Fort Huachuca provides quite the haunting ground for entities with unfinished business. Beth and I mapped out the most notable of these sites at work on Thursday afternoon with plans to meet, just after dark, that night.

8:06 p.m. – Brayton Hall, home of Fort Huachuca Public Affairs

Rendezvous time is set at 8:15 p.m., and I stand facing Brown Parade Field, with my back to Brayton Hall. The parade field was the center point of the post back in its cavalry days. According to legend, the field is haunted by the ghosts of cavalry soldiers. Witnesses have claimed seeing ghostly formations in the field. Cavalry soldiers mounted upon tireless steeds appear like a photograph and disappear. All I see is a lone coyote. Some folks get all the luck.

And then there’s Brayton Hall. Formerly a dance hall, gymnasium and a library, the building now houses the Public Affairs Office for Fort Huachuca. Aside from the normal old structure noises and an inaccessible, unseen attic, nothing seems too creepy here.

Verdict:
Brown Parade Field: Some cavalry soldiers are a little late for a formation
Brayton Hall: Some creepy co-workers, does that count?

Upon Beth’s arrival, we headed over to the post cemetery. I have to admit, all the stigma attached to sneaking around a cemetery at night was getting to me. Our main goal at the cemetery was to get one of those cool photos with the ghostly orbs in them.

8:37 p.m. – Post Cemetery
Walking through rows of pale, stone grave markers, all lined up with military precision, completely unnerved me. We hadn’t the foresight to bring a flashlight, so we relied on the tiny glow from Beth’s cell phone

to light our way.
The tombstones were dated from the 1800s all the way up to 2001. There was a row of children’s headstones at the entrance to the cemetery all dating from a few years in the 1880s.
On our way through the east side of the cemetery, a movement off to the side caught my eye. “Oh my gosh, something’s moving,” I exclaimed. And sure enough, over a tombstone to my left, something was moving. Nonplussed, Beth replied, “it’s a balloon.” And sure enough, a Mylar balloon was affixed at the base of the tombstone, fluttering in the breeze. Guess I’m a little jumpy.
At the earlier direction of Sgt. 1st Class Donald Sparks, non-commissioned officer in charge of Public Affairs, we proceeded to the far north corner of the cemetery in search of two very specific graves.

Set away from all the other headstones, there were two from the early 1940s. From 1942, there was the headstone of James Rowe and from 1943, Jerry Sykes; the infamous two hung at the Hangman’s Warehouse.

Verdict: Darn spooky! But aside from the balloon, no encounters with the un-living.

9:10 p.m. – Hangman’s Warehouse
Now an AAFES storage area, the Hangman’s Warehouse served as the site for the hangings of two soldiers in the early 1940s. One soldier killed a man for calling him a thief. The other soldier killed his love interest when he found out she would be going to another duty station with her husband. Both deaths by stabbing were punished by hanging.

The building is fairly nondescript. The stone exterior leaves much for the imagination to play with. The only windows are at the top of the building, leaving us with no place to divulge our voyeuristic needs to peer inside. With nothing interesting to be found,

tal, a young woman was admitted to give birth. The baby died after delivery, for undocumented reasons, and the mother died a few days later. The young woman’s ghost supposedly haunts Carleton House.
Dubbed Charlotte, many residents and



The graves of Jerry Sykes and James Rowe, the two soldiers hung at Hangman’s Warehouse.

Beth and I decided to conclude our quest.
Verdict: Not enough observation opportunities, but it sure is ominous.

9:17 p.m. – Return to Brayton Hall
Back at the office, Beth stands unimpressed at our un-ghostly excursion. I, on the other hand, am still thoroughly creeped out from the cemetery. The only “haunted” spot we didn’t get to explore was the legendary Carleton House, just across the street from the office.

Carleton House is the oldest building on post and first served as the post hospital. Since then, it has been used as officers’ quarters, officers’ mess, schoolhouse, post headquarters and the post chapel. Rumor has it, that while serving as the post hospi-

neighbors have reported seeing a young, blonde woman in a white gown wandering through the house. In one room, believed to be where Charlotte’s hospital bed sat, it’s always significantly colder than the rest of the house. Boxes put in the basement, which used to serve as the morgue, are found toppled over with their contents strewn about.

Verdict: Decades of eyewitnesses can’t be wrong. I’m really eager to check it out myself sometime.
And that’s my haunted tour of Fort Huachuca; minus the haunting. While I didn’t find anything to support the claims of ghostly inhabitants on post, I still believe that with a post this old, something’s bound to be haunted.

Scary Movie 3 is no match for Hangman’s Warehouse

SPC. MATTHEW CHLOSTA
SCOUT STAFF

We are James and Jerry. We are the ghosts who haunt the Hangman’s Warehouse here.
Last week we rattled our chains and stomped on the floor when two young ladies came to the front door to take pictures of us.
The story of how we came to live in the Hangman’s Warehouse goes back to the gallows, in the years 1942-43.

One of us killed a soldier by stabbing because he stole a pack of cigarettes from one of us. The other murdered a soldier who was going to run away with the love of his life.

We were found guilty by general court martial and “sentenced to hang by the neck until dead.”

Ever since we died, we make loud noises, whisper in the dark, and bang on the drop door where we were hung.

Being a ghost has its perks though. We don’t have to get day-jobs. We can sleep in for as long as we want. We don’t get hungry or have to spend any money.

And, there are always plenty of curious people, poking around the warehouse to see if we really exist. We have a great time scaring them.

Last year Sgt. Stephen Rothenhoefer, Headquarters and Headquarters Company, 111th Military Intelligence Brigade came around to see the building at night with his wife.

We made shuffling sounds, dropped a door on the floor and

banged the walls really loud a couple of times. Then, we whispered to each other in the dark to plot our next scare tactic.

Wow, it was so much fun.
But, lately we’ve been able to sleep most of the day and night, since the only people who come into the warehouse are looking for filters that are stored here.

We don’t bother them as much, since they come during the day when we sleep.

But, at night, don’t come sneaking around our warehouse, because ghosts can see through walls and float around.

We will find you, scare you and haunt you. This is your only warning.



Spirits still haunt the Hangman’s Warehouse, where they met their final, gruesome fates.



Tips for happy haunting this Halloween

Trick -or-Treaters

- Carry a flashlight
- Walk, don’t run
- Stay on sidewalks
- Obey traffic signals
- Stay in familiar neighborhoods
- Wear a watch you can read in the dark
- Make sure costumes and shoes fit properly
- Avoid wearing masks while walking from house to house
- Carry only flexible knives, swords or other props
- If no sidewalk, use the left side of the road, facing traffic
- Wear clothing with reflective markings or tape
- Approach only houses that are lit

- Stay away from animals you don’t know

Parents

- Ensure children eat dinner before leaving

- Young children should be accompanied by an adult

- If your children go on their own, be sure they wear a watch

- Older children should know where to reach you and when to be home

- Buy flame retardent costumes

- Although tampering is rare, tell children to bring the candy home to be inspected

- Look at the wrapping carefully and throw out anything that looks suspicious

Homeowners

- Clear yard of items that could trip people

- Put pets up to prevent them inadvertently biting someone

- Battery powered jack o’lantern candles are preferred to real flame

- If you use real flame, place well away from guests

- Make sure paper or cloth yard decorations are safe from open flames

- Try using healthy treat alternatives this year, such as raisins, pretzels or fruit rolls